

Plant Species

Accepted Name: *Gymnema sylvestre* R.BR.

Family: ASCLEPIADACEAE

Synonyms:

- *Periploca sylvestris* RETZ.

Used in: Ayurveda, Siddha, Unani, Folk, Homeopathy, Sowa Rigpa, Chinese

Habit: Climber

Distribution: Globally the species is distributed in the Paleotropics i.e. tropical regions of Africa and Asia. In India it is distributed in the Central and Peninsular India. This species is globally distributed in Paleotropics. Within India, it is found in open forests areas of Central and Peninsular India.



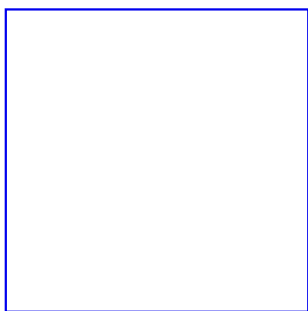
Common Uses

The leaves and root of Mesasrngi is used in the form of powder, paste and decoction to treat inflammation of glands, enlargement of spleen, indigestion, constipation, jaundice, piles, sinusitis, cough, respiratory diseases, feeling of heaviness in head, urinary stone, malarial fevers. Powder of the leaves is used in diabetes (10-15 gms).

Herbarium



Geographical Distribution Map



Conservation Concern Details

State	Threat States With Assessment year	Trade
Andhra Pradesh	VU ²⁰⁰¹	High
Chhatisgarh	VU ²⁰⁰³	High
Madhya Pradesh	VU ²⁰⁰³	High
Maharashtra	NT ²⁰⁰¹	High
Rajasthan	EN ²⁰⁰⁷	High
West Bengal	VU ²⁰⁰⁷	High

Languages (No. of Names) :	Vernacular Names
Arabic (3) :	barkista, gurmar, julmar
Hindi (11) :	chhota-dudhilata, chhotadudhilata, gudmar, gurmar, jangli urad, jangli-urad, kavali, medhashingi, merasingi, merasingi, meshashingi
Kannada (12) :	hiriya kaage donde, kadasige, kadhasige, madhunaasha, madhunaashini, sanna garase humbu, sannagera, sannagera sehambu, sannagerasehambu, sannagersehambu, sennagerse, uriyamare
Malayalam (2) :	cakkarakkolli, madhunasini
Marathi (15) :	bedaki, bedakuli, kaabalee, kaalikaradodi, kalikardori, kaoli, karadodee, kavali, kavli, madphali, meshashringi, parapatraha, vakandi, vakhande, vakundi
Persian (1) :	kista
Sanskrit (43) :	ajaballi, ajaghandini, ajashrangi, ajashringi, ajashringika, ajasringi, ajasrangi, akshibheshaja, anyada, avartini, bahalchakshu, bisharni, chakrashreni, chakshu, chakshurbahala, chakshushya, grihadruma, karnika, kshinavartta, madhunasini, maurvi, medashrangi, medhashingi, medhrashingi, meghaballi, mendhashingi, mesasrangi, mesharingi, meshashrangi, meshashringi, meshasringi, meshavalli, meshavishanika, meshshringi, netraushadhi, putrashringi, sarpadanshtrika, sarpadarushtrika, tiktadughdha, vartika, vishani, vishanika, vrikshikali
Tamil (82) :	aadigam, adigam, aliyakam, amudupudbam, amudupushpam, amutaccevitam, amutacevitam, amutapuram, amutapuspaceti, amutaputpam, amutupuram, anantam1, ariyakam, atavankani, atikam, attikkolikaceti, attikolikam, ayagam, ayakam1, cakaca, cakacaceti, cakkan, calakaceti, calakam, carakam1, carankam1, carkkarai kolli, chiru-kurincham, ciru kurincan, ciru kurincan ver, cirukurinca, cirukurincaceti, cirukurincan, citcuciyam, cittiram, cittiratam, cornavatiyatimatukam, kalaviluti1, kali1, kannu minnayam kodi, katuvali, kavali, kitcuciyam, kogilam, kokila, kokilaceti, kokilam, kokilam1, kokulam, kotikkurincan, kulalitaccam, kurintai, kuriyaparani, maccirunki, mesacirunki, muttupparappi, natayantanancari, nocitaceti, nocitam, panatantiri, passaam, patavirutcam, puliyam, pulliyaceti, pulliyam 1, purkurinci, purukurinciceti, sakkarakkolli, shagasharam, shiru kurunja, shiru-kurunja, shirukurinjan, siru-kurincan, sirukurinjan, sirukurumkay, sirukurunja, tetcanavirutci, tiruparani, unmantaki, unmattaki, sirroo coorinjan vayr
Telugu (12) :	bodaapathri, bodaparta, poda patri, podapathri, podapatra, podapatri, putla-podra, putlapodara, putlapodra, putta podara, puttapodara, puttapodra
Tibetan (2) :	sa si nga, sa sri ngi (p)
Urdu (3) :	gurmar, gurmar booti, gurmar patta
Parts Used (No. of Names) :	Trade Name

DRY LEAVES (1) :	PODAPATRI
LEAF (1) :	SIRUKURINJAN
LEAVES (5) :	GUDMAAR, GUDMAR, GUDMAR (MADHUNASHINI), GURMAR BOOTI, GYMNEMA SYLVESTRE

Not recorded (8) : GUDMAD BUTI, GUDMAR, GUDMAR (MADHUNASHINI), GUDMAR BUTI, GUDMAR PATTI, GUDMAR(MADHUNASHINI), GURMAR PATTI, MADHUNASANI PAN

POWDER (1) : GUDMAR

WHOLE PLANT (1) : SIRU KURINJAN



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