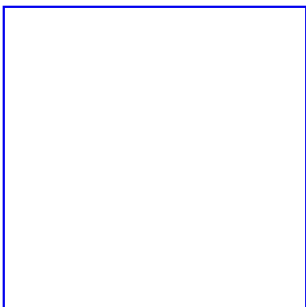


Plant Species**Accepted Name:** *Bacopa monnieri* (L.) PENNELL**Family:** SCROPHULARIACEAE**Synonyms:**

- *Gratiola monniera* L.
- *Herpestis monniera* (L.) H.B. & K.
- *Moniera cuneifolia* MICHX.

Used in: Ayurveda, Siddha, Unani, Folk, Homeopathy**Habit:** Herb**Distribution:** This species is globally distributed in the Pantropics. Within India, it is said to be common in moist places throughout, ascending to an altitude of 1320 m.**Common Uses**

The whole plant of Brahmi is used in the form of juice to treat insanity, epilepsy, paediatric diseases, pox and as a rejuvenative. Mental disorders: Brahmi, kusmanda (*Benincasa hispida*) and sankhapuspi (*Convolvulus microphyllus*) separately mixed with kustha (*Saussurea lappa*) and honey is used in mental disorders (10-15 gms) (VM.20.3; SG.2.1.18). Epilepsy: Old ghee processed with brahmi juice, vaca (*Acorus calamus*), kustha (*Saussurea lappa*) and sankhapuspi (*Convolvulus microphyllus*) alleviate insanity, inauspiciousness, and epilepsy (10-15 gms) (CS.Ci.10.25). To promote intellect Juice of Brahmi, or andukaparni (*Centella asiatica*) are taken with honey and ghee to promote intellect (10-15 ml) (KS.P.5)

Geographical Distribution Map**Conservation Concern Details**

State	Threat States ^{With Assessment} year	Trade
Madhya Pradesh	VU ²⁰⁰⁶	Normal

Languages (No. of Names) :	Vernacular Names
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English (1) :	water hyssop
Hindi (14) :	baam, barami, brahmi, jalbuti, jalnim, nirbraini, pan brahmi, bramhi, safedkammi, sufed-chemni, barambhi, jalneem, safedchamni, svetchamni
Kannada (9) :	brahmi, jalabrahmi, kiri braahmi, kiru brahmi, neer brahmi, neeru braahmi, neeru brahmi, neeruppi gida, neerbrahmi
Malayalam (5) :	brahmi, brami, nirbrahmi, neerbrahmi, nirubrahmi
Marathi (1) :	brahmi
Sanskrit (44) :	aindri, brahmi, gundala, indravalli, jalasaya, manduki, matsyaksi, nirabrahmi, sarasvati, tiktalonika, toyavalli, vami, jala-brahmi, jalaprimmi, svetakamini, jalabrimmi, arameshthini, bharati, brmhacharini, brmhakanyaka, divya, divyateja, kapotavanka,

kapotavega, mahaushadhi, mandukamata, matsyakshi, medhya, p
vayastha, saraswati, saumyalata, sharada, soma, somavalli, somya,
surasa, surashreshtha, sureshtha, survarchala, swayambhuvi,
vaidhatri, vallari, vara, vira

Tamil (101) :

akantapuntu, aramiyaceti, aramiyam2, arapiyam, aritalocanam,
attapirami, attapiramiceti, avapulippi, avarukaceti, avarukam,
avavulappiceti, campirani, campirani3, campiranippuntu,
campiranipuntu, captalai, caracuti, carmakaca, carumam, catala,
catcara, cemanavaceti, cemanavam, cempirami,
cerrilvalarntamatacci, cerutanilcirukki, cinkamamuli, curapi6,
irattappirami, kavaliyaceti, kavaliyam, malanacini, maturatippu,
mulaiccarumuli, muntantakanni 2, mutirntan, nakacattumuli,
narivalukkai, narivalukkaiceti, neer brahmi, nikava#, nikava@,
nikavapputavi, nikavari, nikavariceti, nilappirami, nir brahmi,
nirbrahmi, nirconam, nirconappirami, nirpirami, nirpirammi,
nirppirami, nirppiramiyam, noytukaceti, noytukam, pakupeta,
pattalakaceti, pattalakam, peravaceti, peravam, peruncampirani,
pirakonti, piramamuli, pirami, pirami vazhukkai, pirami vazukkai,
piramiceti, piramiya valukkai, piramiya vazhukkai, piramiyam,
piramiyapundu, piramiyavalukkai, punalvalukkai, tirapatti, tirayanti,
tutarkkaceti, tutarkkam, utiramalanacani, vakkupalam,
vakkupavam, valukkai, vanamali, vankamuli, varalam, varali @,
varavi, varayam, vaticam, vimala, virumamuli@, vivitam, neer-
brahmi, neerbrahmi, nir-brahmi, nir-brami, pirammiya valukkai,
neerpirimie, brami, nirbrami, nirpirimi

Telugu (7) :

neeri sambraani mokka, sambraanichettu, sambrani chettu,
sambrareni aaku, sambrani-aku, sambrani-chettu, sambranichettu

Urdu (1) :

brahmi buti

Parts Used (No. of Names) :	Trade Name
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Not recorded (10) :

BRAHMI, BRAHMI (BACOPA MONNIERI), BRAHMI (BIRMI), BRAHMI
DESHI, BRAHMI HARDWAR, BRAHMI HARIDVAR, BRAHMI
HARIDWAR, BRAHMI PATTI (BANGAL), BRAHMIPATTI NO.1,
JALBRAHMI

WHOLE PLANT (5) :

BRAHMI, JAL BRAHMI, JALBRAHMI, NEERBHRAMI, PACHA BRAHMI



Suggested citation for the Website: Editors: D K Ved (Late), Suma Tagadur Sureshchandra, Vijay Barve, Vijay Srinivas, Sathya Sangeetha, K. Ravikumar, Kartikeyan R., Vaibhav Kulkarni, Ajith S. Kumar, S.N. Venugopal, B. S. Somashekhar, M.V. Sumanth, Noorunissa Begum, Sugandhi Rani, Surekha K.V., and Nikhil Desale. 2016. (envis.frlht.org / frlhtenvis.nic.in). FRLHT's ENVIS Centre on Medicinal Plants, Bengaluru. **Copy Right:** FRLHT, Bengaluru and MoEFCC, GoI.