

Plant Species

Accepted Name: *Phyllanthus amarus* SCHUM. & THENN.

Family: EUPHORBIACEAE

Synonyms:

- *Phyllanthus fraternus* WEBSTER
- *Phyllanthus niruri* SENSU HOOK.F.Non Linn.

Used in: Ayurveda, Siddha, Folk, Sowa Rigpa

Habit: Herb

Distribution: This species is probably native to America, now naturalised in the tropics of the world. Within India, it is found throughout the warmer parts of India.



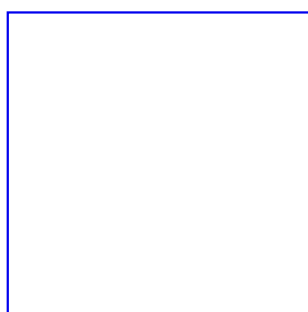
Common Uses

The whole plant of Bhumyamalaki is used to treat jaundice, chronic dysentery, dyspepsia, cough, indigestion, diabetes, urinary tract diseases, skin diseases, ulcer, sores and swelling. Jaundice: Paste of bhumyamalaki made with buttermilk is recommended in jaundice. (10-20 gms) (VD.10.4). Leucorrhoea / Pradara: Root of bhumyamalaki taken with rice-water (10-20 gms) days checks bleeding (YT.74.9)

Herbarium



Geographical Distribution Map



Languages (No. of Names) :

Vernacular Names

- Hindi (14) :** gugaria, jamgli amli, jaramla, bhuinan-valah, gugaria, hazarmani, jangli-amli, jar-amla, kanocha, bhonyaabali, bhuin-anvalah, bhuinanvalah, niruri, sadahazurmani
- Kannada (8) :** bhoo nelli, jaandees gida, kiranelli gida, kirinelli gida, kirunelli, nela nelli, kiranelligida, kirinelligide
- Malayalam (7) :** kilanelli, kilarnelli, kilukanelli, kirutanelli, kirganelli, kizhakkayinelli, kizhanelli
- Marathi (4) :** bhooyiaamli, bhuiavala, bhuiavali, bhumi-avil
- Sanskrit (45) :** bhumyamalaki, tamalaki, adhyanda, ajada, ajata, ajjhada, ajuta, amala, amlika, amrita, aphala, arjata, bahupatra, bahupatri,

bahuphala, bahupushpi, bhudatra, bhudhatri, bhumyaamlaki, bhuparva, bhuta-dhatri, boovishirum, charati, chorata, dalaparshini, dridhapadi, hilolika, ishaghni, jada, jharika, jhatamala, kshetramali, mahidhatrika, mala, nilolika, putrashronika, shiva, sukshmadala, sukshmaphala, tali, uchchata, vishvaparni, vitunnaka, vituntika, vrishya

Tamil (68) :

accatai, alakaiccuram, alakkaiccuram, amalai 2, arttapatam, avakataway, avakkattala, cankanatticam, cimutti, cimuttikaceti, cimuttikam, civa 3, civaccakaceti, civaccakam, ilanciya, kalinai 1, kamalainivartti, keezhkai nelli, kilakkainelli, kilanelli, kilkkay nelli, kilkkaynelli, kilvaynelli, kolavatitam, malakiticam, malantu, maliniyamata, niruri, peruviriyaka, putattiri, puttirakenni, puttiratarapala, puttiri#, puttiri@, puttiriceti, tali, talikakkaycceti, taliyaceti, taliyam, tamalakaceti, tamalakam, tamalaki, tamalaki 1, tamaliti, tiruvampal, vakuni, vekuputtiri, vicavalli, vitvesam, yavakkal, kizha-nelli, civappunelli, karunelli, keelan elli, keelkai nelli, keezh kai nelli, khizhe nelli, khizkkay nelli, kikkaynelli, kil-kkay-nelli, kilanelli, kilkai nelli, kisha nelli, kizh kay-nelli, kizha nelli, kizhkai-nelli, kizhkay nelli, neer-poola

Telugu (6) :

nela usari, nela usirika, nelausirika, nela usiri, triphalamu, nelavusari

English (1) :

niruri

Tibetan (1) :

ta-ma-la

Parts Used (No. of Names) :	Trade Name
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Not recorded (7) :

BHOI AMLI, BHUI AMALI, BHUMI AAWALA, BHUMI AMLA, BHUMIAMLA, BHUMIAMLA (BUIAMLI), KEEZHAARNELLI PACHA

WHOLE PLANT (8) :

BHU-AMLA, BHUMI-AMLA, BHUMIAMLA, KEEZHA NELLI, KEEZHAARNELLI, KELLANELLI, NELANELLI, PHYLLANTHUS NIRURI



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