

Plant Species

Accepted Name: *Justicia adhatoda* L.

Family: ACANTHACEAE

Synonyms:

- *Adhatoda vasica* NEES
- *Adhatoda zeylanica* MEDIK.

Used in: Ayurveda, Siddha, Unani, Folk, Homeopathy, Sowa

Rigpa, Chinese, Modern

Habit: Shrub

Distribution: This species is globally distributed in Indo-Malesia.

Within India, it is said to common almost throughout ascending to an altitude of 1200 m., particularly in plains of tropical parts. It is cultivated at lower elevations.



Common Uses

The root, leaves and flowers of Vasa is used in the form of juice and decoction to treat fever, intrinsic haemorrhage, cough, asthma, consumption, gulma, kustha, obesity, oedema, skin diseases, pradara, difficult labour, vomiting, piles, pox, retention of urine, diseases of mouth and as rasayana.

Herbarium



Geographical Distribution Map



Languages (No. of Names) :

Vernacular Names

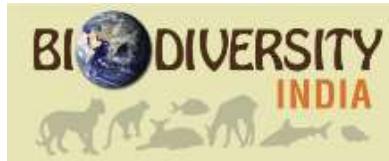
English (1) : adhatoda

Hindi (24) : arusha, asgand, bansa, basak, adusa, vasak, adalsa, adarsa, adosa, adulasa, adulaso, arusa, arusu, bans, basa, basuti, bashing, basinga, basingu, basute, basuti, rus, rusa, vasaka

Kannada (25) : adusege, aadu muttada gida, aadu soge, aadu sokada gida, aadusouge, aedamuthandi, alyoge, atarusha, baelagurige, baesaala, aadsoge, adasoge-sappu, addalasa, addasara, adsale, adumuttada, adusogae, adusoge, aduthoda, alasoge, atusoge, byalada, edmuttanditappu, edumuttanditappu, yedumuttanditappu

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| Marathi (11) : | adulsa, arusa, bakas, vasuka, adoolsa, adoosa, baska, adaso, adulsi, adulso, adusa |
| Sanskrit (57) : | attarusha, uroos, vasica, arus, vajidantakahaatarusha, vasa, vasaka, adarushah, amalaka, arusak, atarusa, atarusah, atarusaka, atarusha, bashika, bhisahkmata, bhishagmata, bhishangmata, kanthiravi, kasanotpatana, matrisinhi, mrigendrani, nasa, panchamukhi, raktappittaghni, raktavasa, ramrupaka, rasadani, simhamukhi, simhasya, simhavadana, simhi, simhika, sinhamukhi, sinhanana, sinhaparni, sinhapatri, sinhasya, sinhi, sinhika, sitakarni, vaidyamata, vaidyamatruvrikshaha, vaidyasinhi, vaji, vajidanta, vajidantaka, vajidanti, vansa, vasakah, vasha, vasika, vrisha, vrishasinhamukhi, vrsa, vrsah, vrsaka |
| Tamil (89) : | adathodai, adatoda, adatodey elley, aadaathodai, acalai, akalatarai, atadotai, atatotai, atatotai ilai, atatotai ver, ati, attakacam#, attakacam@, attakan, attakaniccti, attucam, atutotai, calamaram, calavirutcam 1, camaracam 1, carati 1, cati, catikacceti, catikam, cimmamuki, cimmamukil, cimmuki, cinkakacceti, cinkakam, cinkam, cinkaparani, curacamani, cuvatu 1, elankacam, irattapittacceti, irattapittakkini, irattapittam, irattapittappuntu, irattapittavakkini, karanai 1, karanaippavattai, kattumurunkai, kavirakacceti, kavirakam, nakankacceti, nakankam, nalotakam, namavaruti, netumpa, nintavilai, pamatuva, pamatuvaccti, pavatai, peruntotai, peruntotaiccti, pittacilettumavakkini, pulutinkutori, purkuli, purkulikacceti, tankilimulam, tatiyattattai, totai, totai 1, tuvanati, vaca, vacakacuracam, vacakam, vacanti 1, vacati, vaittiyamata, vatakiccti, vetpavattai, vetpavattaiccti, virusam, yakotevatam, yarancam, aadaa thoda, aadaathoda, adadodi, adatodai, adhatodai, akacattamarai, antarati tamarai, atatotailacai, atatotaiver, attacaram, atutota ilai, kattumurungai, vachai |
| Telugu (12) : | adda saramu, adda-sarap, addasaramu, addasarapaku, atarushamu, kaatumurungai, vachai, aadasare, adamkabu, adampaka, adasaram, addasaram |
| Malayalam (6) : | adel-odagam, atalotakam, adalodagam, ata-lotakam, ataloetakam, attalotakam |
| Tibetan (4) : | ba sa ka, ba-sa, ba-sa-ka, bri-sa |
| Urdu (7) : | adoosa, arusa, arusa (bansa), bansa ke pattay, burg arusa, burg bansa, burg-i-arusa |

| Parts Used (No. of Names) : | Trade Name |
|-----------------------------|---|
| GHANVATI (1) : | VASA |
| LEAF (1) : | ADUSOGE |
| LEAVES (7) : | ADATHODA, ADATHODAI, ADULSA / BANSAPATRA, ADUSA, BANSA, BASAK LEAVES, VASAKA LEAVES |
| Not recorded (5) : | ADULSA / BANSAPATRA, ADUSA, ADUSA PATTI, ARDUSA (VASAKA), ARDUSH, VASA, VASAKA |
| POWDER (1) : | ARDUSA |
| WHOLE PLANT (3) : | ADATHODAI, ARUSA, BANSA |



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