

Plant Species

Accepted Name: *Tinospora cordifolia* (WILLD.) HOOK.F. & THOMS.

Family: MENISPERMACEAE

Synonyms:

- *Cocculus cordifolius* (WILLD.) DC.
- *Menispermum cordifolium* WILLD.

Used in: Ayurveda, Siddha, Unani, Folk, Homeopathy, Sowa Rigpa

Habit: Climber

Distribution: Globally the species is distributed in India, Sri Lanka and Bangladesh. Within India it is distributed in Arunachal Pradesh and in South India. This species is globally distributed in India, Sri Lanka and Bangladesh. Within India, it is found throughout tropical India, ascending to an altitude of 300m. It is often cultivated.



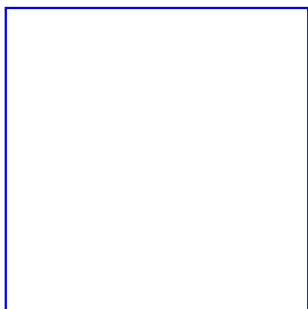
Common Uses

The stem, root and leaf of Guduchi is used in the form of juice and decoction to treat fever, irregular fever, chronic fever, jaundice, thirst, vomiting, arthritis, skin diseases, cough, as rejuvenative for purifying breast-milk, eye diseases. Irregular fever One should take decoction of guduci, nimba (*azadirachta indica*) and amalaki (*Phyllanthus emblica*) mixed with honey (40-60 ml) (SS.U.39.213) Amlapitta (Acid gastritis) Decoction of guduci, nimba (*azadirachta indica*) and patola (*Trichosanthes dioica*) leaves mixed with honey alleviates varied forms of severe acid gastritis / amlapitta (BP.Ci.10.16) Arthritis / Vatarkta For arthritis, milk cooked with guduci decoction (AH.Ci.22.7) is recommended (40-60 ml) Decoction prepared with 30gm of guduci, suthi (*zingiber officinale*) and dhanyaka (*Coriandrum sativum*) alleviates arthritis and skin diseases / 40-60 ml (VM.23.4; BP.Ci.29.42)

Herbarium



Geographical Distribution Map



Languages (No. of Names) :

Vernacular Names

Arabic (2) : gilo, sat gilo

Hindi (20) : adharvela, amrta, gilai, giloe, giloy, gul-bel, gulanca, gulanca, gulbel, gulj-gloe, guluncha, gurach, gurch, gurcha, gurja, neem gilol,

neem-giloi, neem-gilol, nim giloy, ushwa

- Kannada (24) :** agniballi, amara, amarada balli, amaradaballi, amrita balli, amritaballi, amritaburu, amritha, amrithaballi, amrtaballi, amrutha balli, amruthaballi, amrytaballi, amrytaburu, gudoochi, kaadu haaku kaare, madhu parni, madhuparka, madhuparne, madhuparni, phalani, uganiballi, yuganiballi, amratavalli
- Malayalam (17) :** amrita, amritu, amrtu, amrytu, chittamritu, cirramrytu, cit-amerdu, citamardoo, citamerdu, cittamrtu, cittamrytam, jivanti, peyamrytam, peyyamritam, sittamrytu, chittamratam, paiyamratam
- Marathi (14) :** ambarvel, amruvel, garudbael, gharol, giroli, gudambael, gul-bel, gul-vel, gul-wail, gula-veli, gulavela, gulaveli, guloe, gulvel
- Persian (2) :** gul-bel, gulbel
- Sanskrit (65) :** amara, amrita, amritalata, amritavallari, amritavalli, amrta, amrtahva, amrtavalli, amurta, apriya, bhishak tantrika, bhishakpriya, caksalaksanika, chakralaksana, chakrangi, chandrasa, chandrapasa, chchinna, chchinnaruha, chchinnodbava, chchinnodhana, chikralakshana, chinnaroha, chinnaruha, chinnodbhava, cittamrt, dhira, gaduchi, goraksha, guduchi, guduci, guducika, guloochee, guluchi, guluci, jivanthika, jivanti, jivantiha, jivantika, jwaranashini, jwarari, kaphadani, ksandraparni, kundalini, kundalli, madhuparni, madhuparnika, nagakumarika, nirjara, pamrodhara, pittaghi, pittagni, rasayani, shyama, soma-valli, somalatika, somavalli, surakrita, tantri, uddhara, vara, vataraktari, vatsadani, vayastha, vishalya
- Tamil (200) :** acaci#, acaci@, aiyam1, akacavalli, akacavallikkoti, akaci, akayavalli, akkinicikam, amarai, amarutavalli, amiltakkoti, amirta, amirtai1, amirtakkoti, amirtakoti, amirtam2, amirtamalakam, amirtatalaicci, amirtavalli@, amridavalli, amudam, amukam1, amurtavalli, amutai1, amutam1, amutavi1, arucam, arukacikkoti, arukam, arukanci, arukkucali, asasi, avalli, avicali, cakamuli#, cakatamuli1, cakatuntam@, cakkaratcanam, cancivi1, cankakakkoti, cankacam, cantira, cantiraputpam1, chintil, cilaki, cilakikkoti, cilam, cilanti#, cillantikkoti, cillantikam, cindil, cinnaruka, cinnarukai, cinnarukam, cinnarutam, cintil, cintil kilanku, cintil koti, cintilikkoti, cintukkoti, civakamuli1, civan, civanti1@, civantikam#, civantil, civantiri, civantirikkoti, civetai2, civvanti, comavalakam1, comavalli, cucitakkoti, cucitam, cukkumacintikkoti, cukkumacintil, cukkumam, curamatil, cuvetakantam1, ettikakkoti, ettikam, ettikkoti, irecaki, irecakikkoti, kacci2, kaippuccintil, kaippuchindil, kaluci#, kaluci@, kaluki, kanam 1, kankakakkoti, kankakam, kantam, karimukavaci, katavam, kecaramutaiyan, kelikam1, kenci, kankakarani2, kotiyavisakari, kulappacimatu, kunali, kunali2, kuntali3, kuntaliya, kuticci1, kutuci, makapapattalaki, maruntati, maruntatikkoti, mativamiyakkoti, mativamiyam, mativampal, mativampalkoti, matiyampal, matuparan, matuparinikai, matuparnikai, matuparunikai, motiraikenkai, mulakampakaittan, mutantakkoti, narcintil, narsindil, nateyam1, niraidarudian, niraitaruturu#, niraitaruturu@, nitaitaruturu, nocikakkoti, nocikam, ocitakkoti, ocitam#, padalamulan, paganrai, parivai 1#, parivai 1@, parivaikkoti, paruni 1, parunikai, parunikaikkoti, patalamulam 2, patalamuli 1, pattinimatu, ponnavalli, ponravalli, reraki, seendil, seenthil, shindil kodi, shindil-kodi, shindil-shakkarai, sindal, sindhil, talaiccurul1, talaiccuruli1,

talaiccuruni1, tantirakam, tantiram, tevaniram, timirakkatavi, tittamirtam, tittaparuvan, tulavai, turupulappam, turuputkarakkoti, turuputkaram, turuputpam, upavam, upavari, upavarikkoti, vaccakani, vaccatani#, vaccatani@, vaccatanikkoti, vacikaram 1, vallika, vallikakkoti, vallikkantam, vanci 1, vapamatu, vayamatu, vayatikakkoti, vellaiccintil, vencintil, vencintirkoti, venkaipatukani, verarku, vetiyati, vicalikkoti, virutalatanam, porcintil, sheendi codie, amirtai, amirtak koti, amirtavalli, amradvalli, kuntali, sindil, sindilkodi

Telugu (37) : amrta, dooyuthige, duya teega, duyutige, galoochi, galuchi, gudoochi, guduchi, guduci, guloochi, guluchi, guluci, guricha, iruloochi, iruluchi, jeevanthika, jivantika, kodupurutheega, kora patta tige, madhuka, manapaala, manapala, somida, tellatippatige, telle tippa tige, thellathippathige, thipatheega, thippateega, thippathige, tippa teega, tippa-tige-sattu, tippatege-veru, tippatiga, tippatige, tippatingai, tippatingay, tippatega

Tibetan (3) : sle tras, sle tres, sle-tres

Urdu (5) : gilo, gilo khushk, gilo-i-sabz, sat gilo, satgilo

Parts Used (No. of Names) :

Trade Name

DRY STEMS (1) : TIPPATEEGA

EXTRACT (4) : AMRITHABALLI SATWA, GILOYSTHVA, SAT-GILO, SEENTHILKODI

Not recorded (16) : AMRITA (GILOY), AMRUTA (GILOY), AMRUTH PACHA, AMRUTHA / GILOY, GILOY, GILOY (GULVEL), GILOY SUKHI, GILOY SATVA, GILOY SATVA (ASLI), GILOY SATVA (NO.2), GILOYSTHVA, GUDUCHI SATVA, GALOSATVA, GUDUCHI, GALO, GULVEL(GILOY), SAT GILOY, SATVA GILOY ASAL

STEM (10) : AMRITA, AMRITHA BALLI, AMRUTH, AMRUTHA / GILOY, AMRUTHIN NOORU, GILO, GILOI / GILOY, GILOY, GILOY, GULANCHA, GURUCHI, SEENTHILKODI

STEMS (1) : GALO



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