

Plant Species

Accepted Name: *Tribulus terrestris* L.

Family: ZYGOPHYLLACEAE

Used in: Ayurveda, Siddha, Unani, Folk, Homeopathy, Sowa Rigpa, Chinese

Habit: Herb

Distribution: This species is a native to the Mediterranean region.

A species of the tropical regions found to be distributed throughout India from sea level to 3500 m. This species is native to the Mediterranean region, globally distributed in the tropics. Within India, it is found throughout in sandy soil.



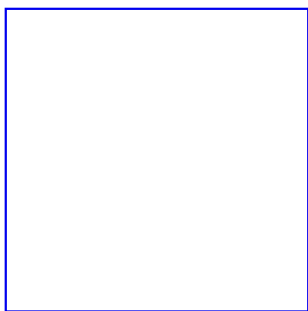
Common Uses

The whole plant of Goksura is used in the form decoction and powder to treat consumption, calculi, intrinsic haemorrhage, dysuria, to promote hair-growth, arthritis rejuvinative and as an aphrodisiac. Consumption Powder of goksura fruits and asvagandha (*Withania somnifera*) mixed with honey is taken with milk. It alleviates consumption and cough (10 –15 gms) (RM.12.3) Calculus Roots of goksura, kokilaksa (*Asteracantha longifolia*) , eranda (*Ricinus communis*) and two types of brhati (brhati and kantakari) *Solanum xanthocarpum*, *Solanum indicum*) are pounded together with milk and dissolves in sweet curd for a week. Taken internally in case calculus (Cs.Ci.26.62) Haematuria: Milk cooked with satavari (*asparagus racemosus*)and goksura checks haemorrhage particularly urethral (60-120 ml) (CS.Ci.4.85) Dysuria Gruel prepared with goksura and kantakari (*Solanum xanthocarpum*) and added with liquid jaggery is useful in dysuria (CS.SU.2.22; AS.13.22)

Herbarium



Geographical Distribution Map



Languages (No. of Names) :

Vernacular Names

Arabic (3) : bastitaj, busteyrumi, khasak

English (2) : caltrops, devil s thorn

Hindi (12) : burragokhur, chhotagokhru, chota-gokhru, goghru, gokharu, gokhru, gokhuru, gokshri, hatechanghara, hussuk, kanti, pili-kante

Kannada (14) :	govina mullu, kirineglu mullu, naegalu mullu, naeggila mullu, negalu, neggila mullu, neggilu, negil-mullu, neglumullu, nerigilu, neringimullu, sanna neggilu, sannaneggilugida, sennanegalu
Malayalam (3) :	neringil, nerinnil, nerungil
Marathi (8) :	ghokaroo, ghokaru, gokru, kaante gokharoo, lahanagokharu, sarata, sarate, sharatte
Persian (2) :	kharekhasak, khussuck
Sanskrit (43) :	bahukantaka, bhakshataka, canadruma, chanadruma, gokanta, gokantaka, gokantakah, gokhura, gokhurha, gokshua, gokshura, gokshuru, goksura, goksurah, goksuraka, ikshugandha, iksugandhika, kanta, kantaphala, kshudragokshura, kshudrakshura, kshura, laghugokshura, laghugoksuru, palankasha, ractasuadanshtra, ri, sadanga, sadangah, shadanga, shvadanshtra, soodumstra, sthalashringataka, sthalasringataka, sudumstra, svadamstra, svadukantaka, svadunestra, traikantaka, trikantah, trikantaka, vanashringataka, vanasrangata
Tamil (113) :	acacaram1, acacuram1, accuram2, acuvacattiram, acuvacettiram, acuvatattiram, akkavalati, akkilu, akkini 2, akkinil, antaravaruni, antaravarunikkoti, cherunerinche, cineruncil, ciruneruncil, citiram, cucumam, cukam@, cutakakkoti, cutakam, cutam, cuvatattam, cuvatukantakam2, cuvatukantakkoti, cuvatukantam, cuvatukantam2, ikkukantai3, inki, inkucakkanan2, inkucukantan2, inkucukantan@, inkucukkantan2, inkukkantan2, inkutavakam, irattaccemi, itcukantam2, kamaraci, kamaracikkoti, kamarici, kanatanti, katutatinetti, kittiram, kokanamul, kokanamutkoti, kokantakam, kokantam, kokkurapputu, kontakakkoti, kontakam, kontam, kontam1, kotimakitam, kurukku, matipam, matipoti, matipoti#, matipoti@, mattuppoti, mukkantakam, mukkantaki, mukkantali, nal nenuncil, nallaneruncil, nalnerunci, nalneruncil, nannerincil, nanneruncikkoti, nattuvarikam, nayppanippuntu, nerenjimullu, nerinci, neringie, neringal, neringi, nerunchil, nerunci, neruncil, neruncippaccai, nerunciputum, nerungil, nerunji, nerunjil, nerunjul, ororutali, pacanapeti 2, palleru, paramatarai, patalamulam 3, patalamuli 3, patamuli, peru neruncil, piruntai 2, sirunerinji, tirikalatakam, tirikantakam, tirikantaki, tirikantakkoti, tirikantam, tirikantam#, tirikantam@, tiritantam, tiruvarttaivattam, tumpu, ucaripam, ucaritam, uccitakkoti, uccitam, viruccalapam, viruccalayai, virukkalapam, yanaikkalvananki, yanaikkalvanankipputu, yanaivananki 2
Telugu (7) :	chirupalleru, cinnapalleru, nirunji, palleru, pallerumullu, pannaeru mullu, sannaneggilugida
Tibetan (2) :	gze ma, gze-ma
Urdu (4) :	gokharu, gokhru khurd, gokhru khurd nim kofta, khar-e-khasak-khurd

Parts Used (No. of Names) :	Trade Name
FRUIT (7) :	BHAKARA, GOKHRU, GOKHRU (SMALL), GOKHRU CHOTA, GOKHRU(SMALL), NEGGILU, NERUNJIL
FRUITS (4) :	GOKHARU CHHOTA (SMALL), GOKHRU, GOKSHURA, SMALL GOKHRU
Not recorded (6) :	GOKHARU CHHOTA, GOKHRU, GOKHRU CHOTA, GOKHRU CHOTTA, GOKHRU HARA (CHOTA), GOKHRU NAYA
POWDER (1) :	GOKHRU

SEED (1) :

NJERINJIL



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