

Plant Species

Accepted Name: *Terminalia arjuna* (ROXB.) WIGHT & ARN.
Family: COMBRETACEAE
Used in: Ayurveda, Siddha, Unani, Folk, Homeopathy, Sowa Rigpa
Habit: Tree
Threat: LR-NT/R
Distribution: Globally the species is found to be distributed in India and Sri Lanka. Within India it is found in the Sub-Himalayan tracts, Madhya Pradesh, Bihar and peninsular India. This species has restricted global distribution occurring only in India and Sri Lanka. Within India, it is sub-Himalayan tracts, Madhya Pradesh, Bihar and Peninsular India.



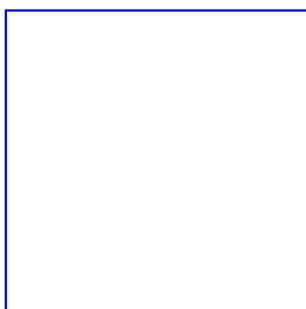
Common Uses

The bark of Arjuna is used in the form of powder and decoction to treat heart diseases, consumption, spermatorea, skin diseases, fracture, intrinsic haemorrhage, wound, piles, skin diseases, and diarrhoea. Heart disease One who takes powder of wheat and arjuna bark cooked with oil, ghee and jaggery with milk overcomes all the cardiac disorders (GN.2.26.21) Cough , Consumption Arjuna bark, nagabala (*Sida cordata*) and kapikachu (*Mucuna pruriens*) seeds are powdered together and taken after mixing with honey, ghee and sugar followed by intake of milk. It alleviates consumption, cough. (BP.Ci.11.4; also CD.21.15)

Herbarium



Geographical Distribution Map



Conservation Concern Details

State	Threat States ^{With Assessment year}	Trade
Chhatisgarh	NT ²⁰⁰³	High
Karnataka	NT ¹⁹⁹⁷	High
Kerala	NT ¹⁹⁹⁷	High
Madhya Pradesh	NT ²⁰⁰³	High

Maharashtra	NT ²⁰⁰¹	High
Rajasthan	<u>VU</u> ²⁰⁰⁷	High

Languages (No. of Names) :	Vernacular Names
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Arabic (1) :	arjun post
English (3) :	arjun, kahua bark, kumbuk
Hindi (17) :	anjan, anjani, arjan, arjan (introduced), arjun, arjun sadado, arjun-sadado, arjuna, jamla, kahu, kahua, kaugach, khawa, koara, koha, kohera, kowa
Kannada (33) :	arjuna, arjuna mara, belamadi, belematti, belimatti, belimetti, bilee matthi, bilematti, bili matthi, bilimaddi, bilimatti, billimatti, bolmatti, bolumatti, hole matthi, holematthi, holematti, kakubha, kamatti, kora matthi, kudure kivi mara, kudure kivigana mara, kurubha, maddi, neer matthi, neeru matthi, nirmathi, nirmatti, so honne, thore matthi, toramatti, tormatti, vaidairya
Malayalam (14) :	attumaruthu, attumarutu, kulamaruthu, marutu, neermaruthu, nirmarutu, pulamatti, vellamaradu, vellamarutu, vellamathi, vellilavu, velumaruthu, velumarutu, venmarutu
Marathi (14) :	anjan, arjun, arjuna, arjunladada, arjunsaadada, azon, kahu, nadi-ani, sadura, sanmadat, sanmadath, savimadat, savimadath, shardul
Sanskrit (38) :	arjuna, arjunah, chitrayodhi, dhananjaya, dhanvi, dhavala, gandiri, gandivi, indradru, indradruma, indrasunu, jivaka, kakubha, kakubhah, karaviraka, karnari, kaunteya, kiriti, krishnasarathi, kukubha, nadisarja, pandava, partha, parthah, parttha, phalguna, prithaja, raktarjuna, savyasachi, shambara, shivamallaka, svetavaha, svetavahah, vairantak, vira, virataru, viravriksha, viravrksa
Tamil (53) :	acokam 2, acumaravaram, arccunam, arccunavirutcam, ariccanamaram, ariccunam@, arrumarutu, aruccunam, attumarudu, attumarutam, attumarutu, curapi7, curapimaram, intiran, karupam, kauntiyam, kolamaruthu, kula marutha, kula-maruthu, kulamarudu, kulamarutu2, marudam, marudha maram, marudu, marukam, maruta maram, marutai, marutam, marutamaram, maruthu, marutu, metikkavikam, metikkavikamaram, mikkuvam, muruthu, naticam2, nirmaddi, nirmarudu, nirmarutu, par marutu, pulanti, putavam, vellai maruda-maram, vellai marutam, vellai-maruthu, vellaimarudu, vellaimarutai, vellaimarutu, vellaimarutu 2, vellaimatti, vellamarda, vellamaruthu, virataru 2
Telugu (25) :	eramaddi, erimaddi, erramaddi, erumaddi, kakubhama, kakubhamu, maddi, maochettu, muddy, tella maddi, tella-madoi, tellamaddee, tellamaddi, tellamadi, tellamadoo, tellamadu, thellamaddi, thellamaddi chettu, thellemaddi, thittumaddi, tittu maddi, tittumaddi, vag-maddii, yermaddi, yerramaddi
Tibetan (1) :	a rdzu na

Parts Used (No. of Names) :	Trade Name
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BARK (8) :	ARJUN, ARJUN CHAAL, ARJUN CHAL, ARJUNA, ARJUNCHHAL, HOLEMATTI, MARUTHAM PATTI, NEERMAUTHIN THOLI
Not recorded (10) :	ARJUN BARK, ARJUN CHAAL, ARJUN CHAL, ARJUN CHHAL, ARJUN GHANVATI, ARJUN KI CHHAAL, ARJUN POWDER, ARJUNCHAL, HARAD KACHRA, KAHU

SEEDS (1) : KAHU



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