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Botanical Name : Strobilanthes ciliates Nees.

Family : Acanthaceae

Introduction :

In kerala Strobilanthes ciliates used as 'sahachara' but in North Barleria Prionitis used

Names in different Indian languages :

Hindi : Karvi, kara

Malayalam : Karimkurunni, kurunni, vellakurunni

Sanskrit : Sahachara

Tamil : Kurinji, Sinnangurinji

Synonyms :

Nilgirianthus ciliates (Nees) Bremek

Varieties & adulterants - (CV - controversy, AD - adulterants) :

Barleria prionitis - CV

Morphology :

It is a shrub, grows up to 1-2 m , height, with purple colored stem.

Leaves - simple, opposite, darkgreen, rough, elliptic-lanceolate, serrate

Flower - blue- violet

Fruit - rarely formed

Distribution & Habitat :

South India, western Ghats

Properties :

RASA-madhur, kashaya

GUNA-snighdha

VIRYA-ushna

VIPAKA-katu

[Hindi »](#)**Karma :** dipana, pachana, sophahara, keshya, balya, rasayana. Diuretic, expectorant, thermogenic, anti inflammatory**Indication :**

Rakta vikara, vatha, sula, kandu, raktha vata, sciatica, glandular swellings and oedema, cough, lumbago, fever, leucode disease

Part used :

Whole plant

Dosage :

Leaf juice 10-15 ml

Powder 2-4 g

Decoction 50-100 ml

Important Yogas or Formations :

Sahachardi kashaya, taila

Therapeutic Uses : Decoction useful in Low back ache**About Us**

The College is recognized by National Commission for Indian System of Medicine, New Delhi and affiliated to the Shri Krishna Ayush University, Haryana for B.A.M.S. (Ayurvedacharya) Course. The College has produced over 1000 well-trained Graduates so far who are serving the ailing humanity in urban as well as rural areas and are well placed in Govt. Services or in their private enterprises. The College has gained distinction as various important and well-known pharmaceutical companies of the country have shown keen interest in the activities and development of Ayurveda in the College.

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